

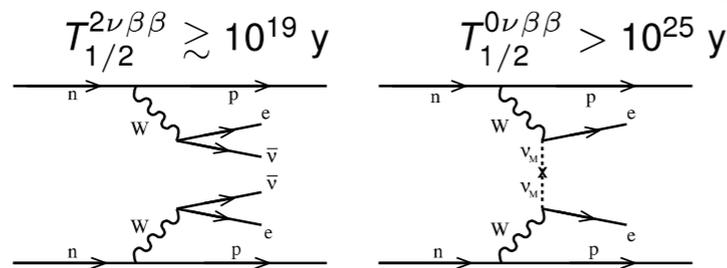
$\beta\beta$ decay matrix elements from lattice QCD

arXiv:1701.03456, 1702.02929

William Detmold, MIT

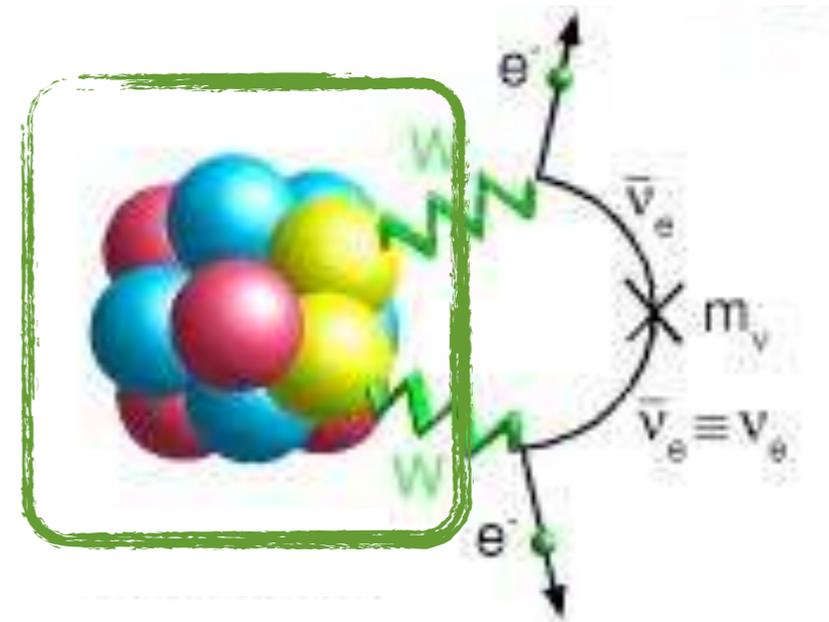
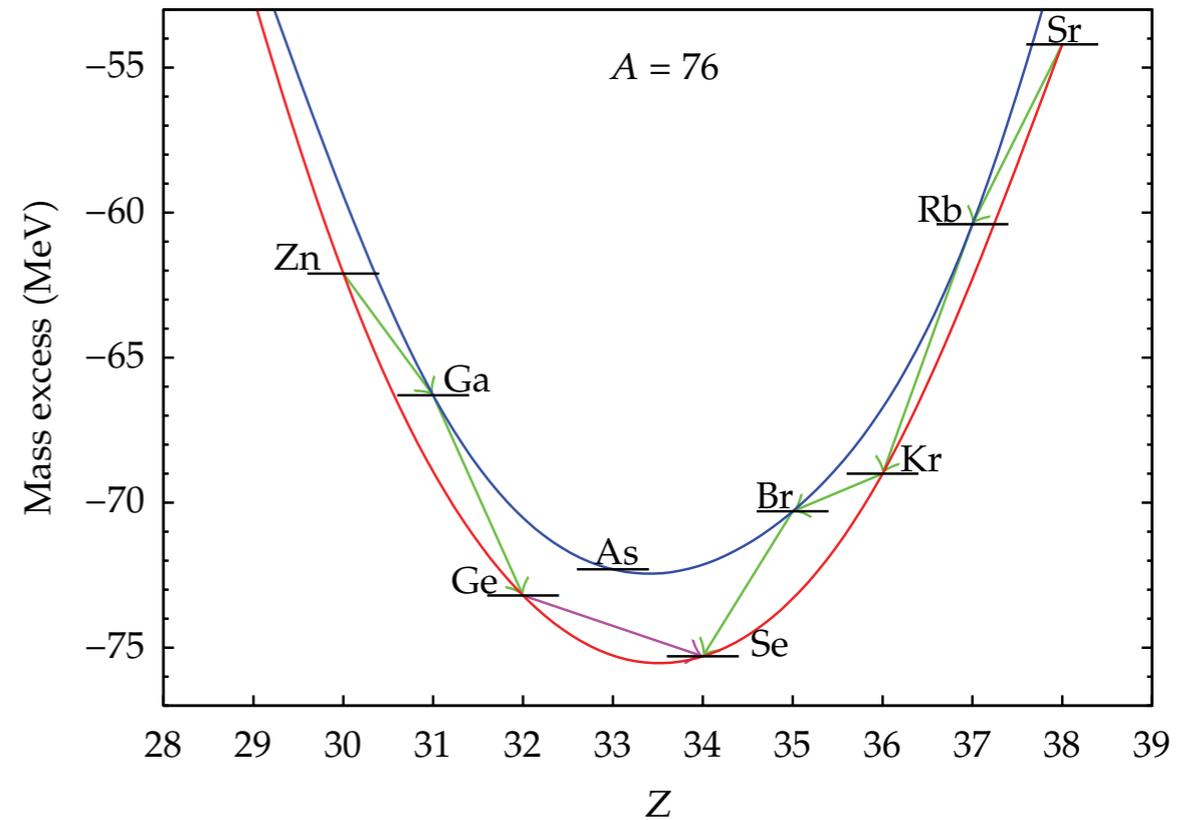
$\beta\beta$ decay

- Certain nuclei allow observable $\beta\beta$ decay



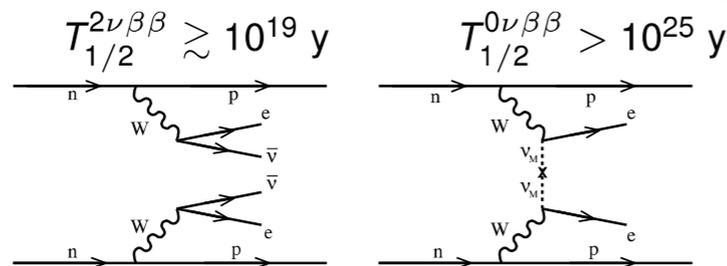
- $2\nu\beta\beta$: rarest decays measured
- If neutrinos are massive Majorana fermions $0\nu\beta\beta$ decay is possible
- Half-life depends critically on the nuclear matrix elements of two weak currents!

$$\left(T_{1/2}^{0\nu\beta\beta}(0^+ \rightarrow 0^+)\right)^{-1} = G_{01} \left|M^{0\nu\beta\beta}\right|^2 \left(\frac{\langle m_\nu \rangle}{m_e}\right)^2$$



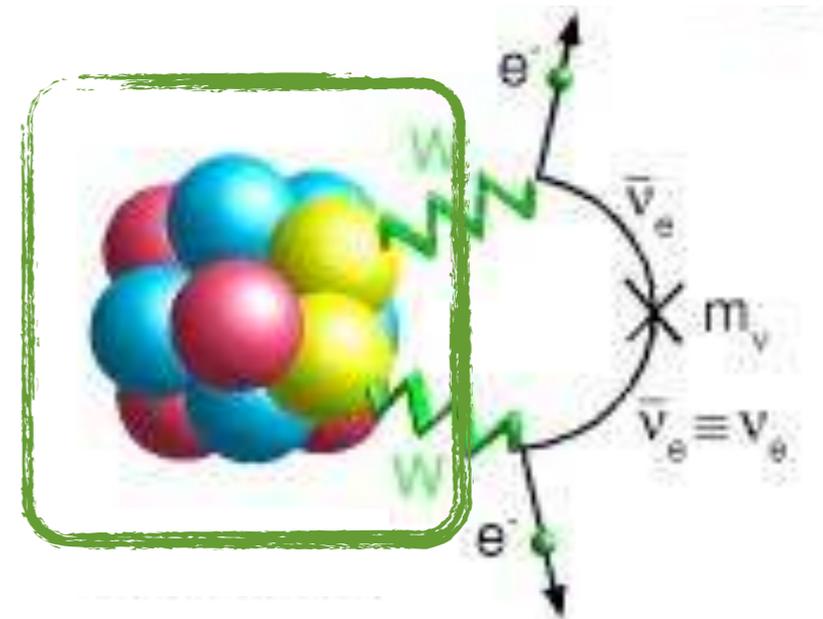
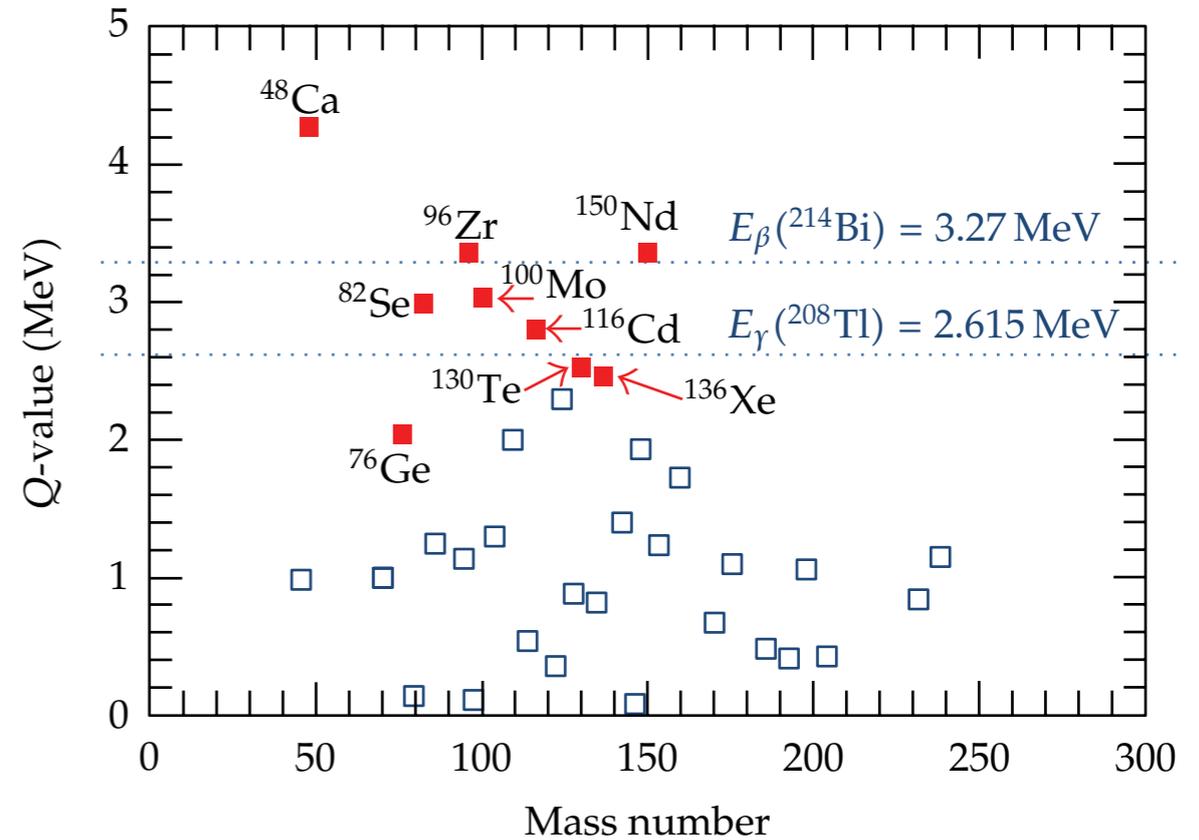
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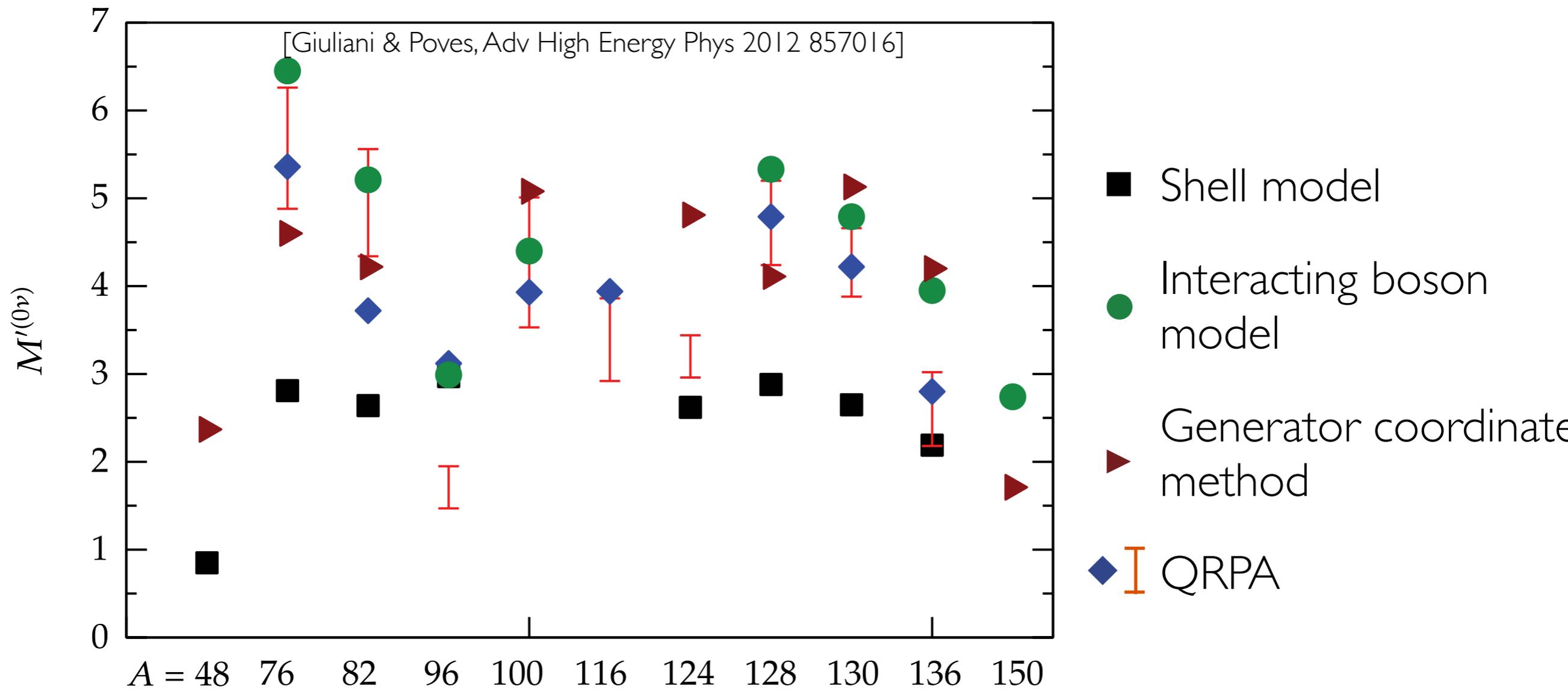


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$0\nu\beta\beta$ decay nuclear matrix elements

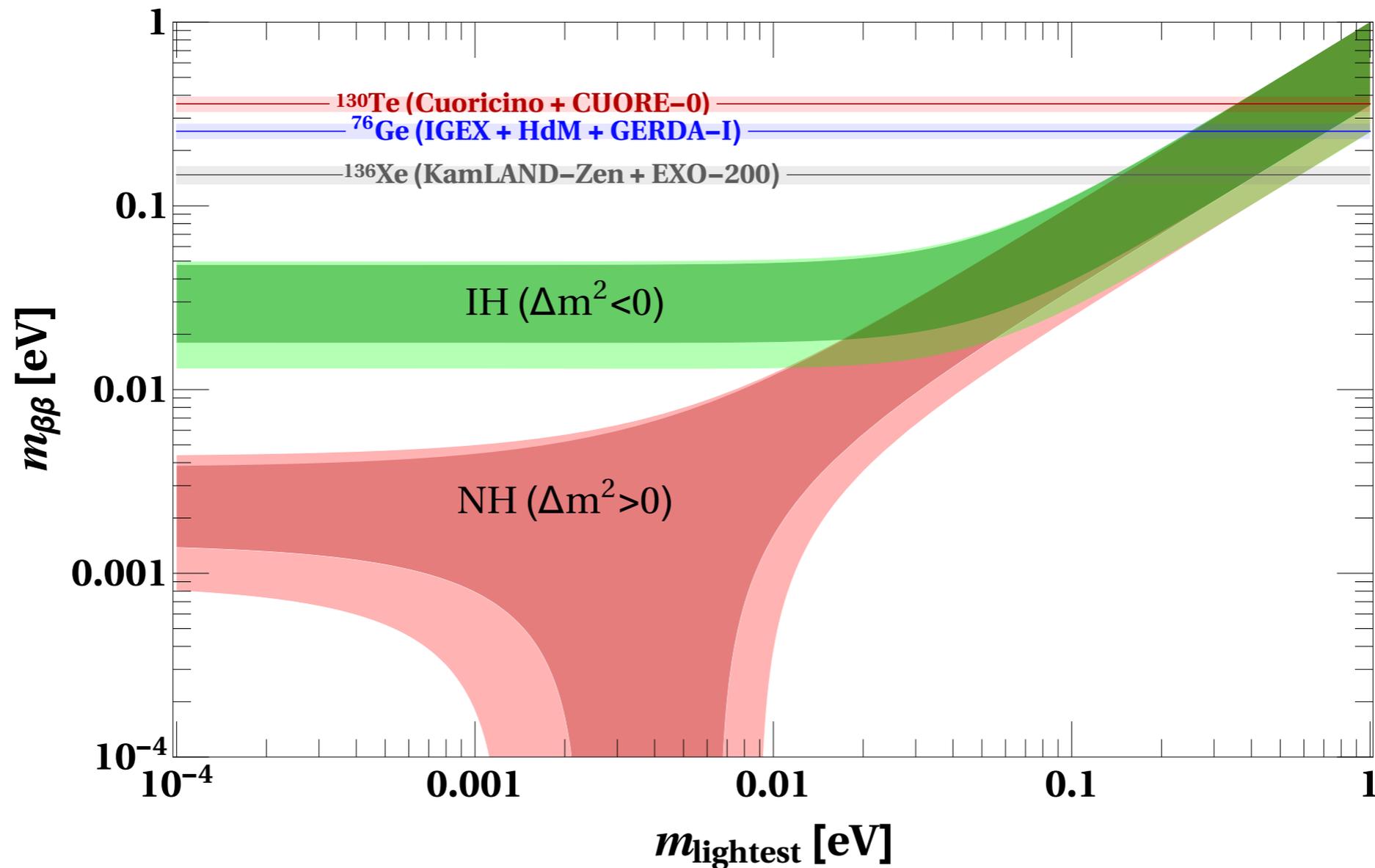


■ Large spread of calculations

■ Is the spread representative of the true uncertainty?

$0\nu\beta\beta$ decay

- Sensitivity of experiments depends on size of matrix elements

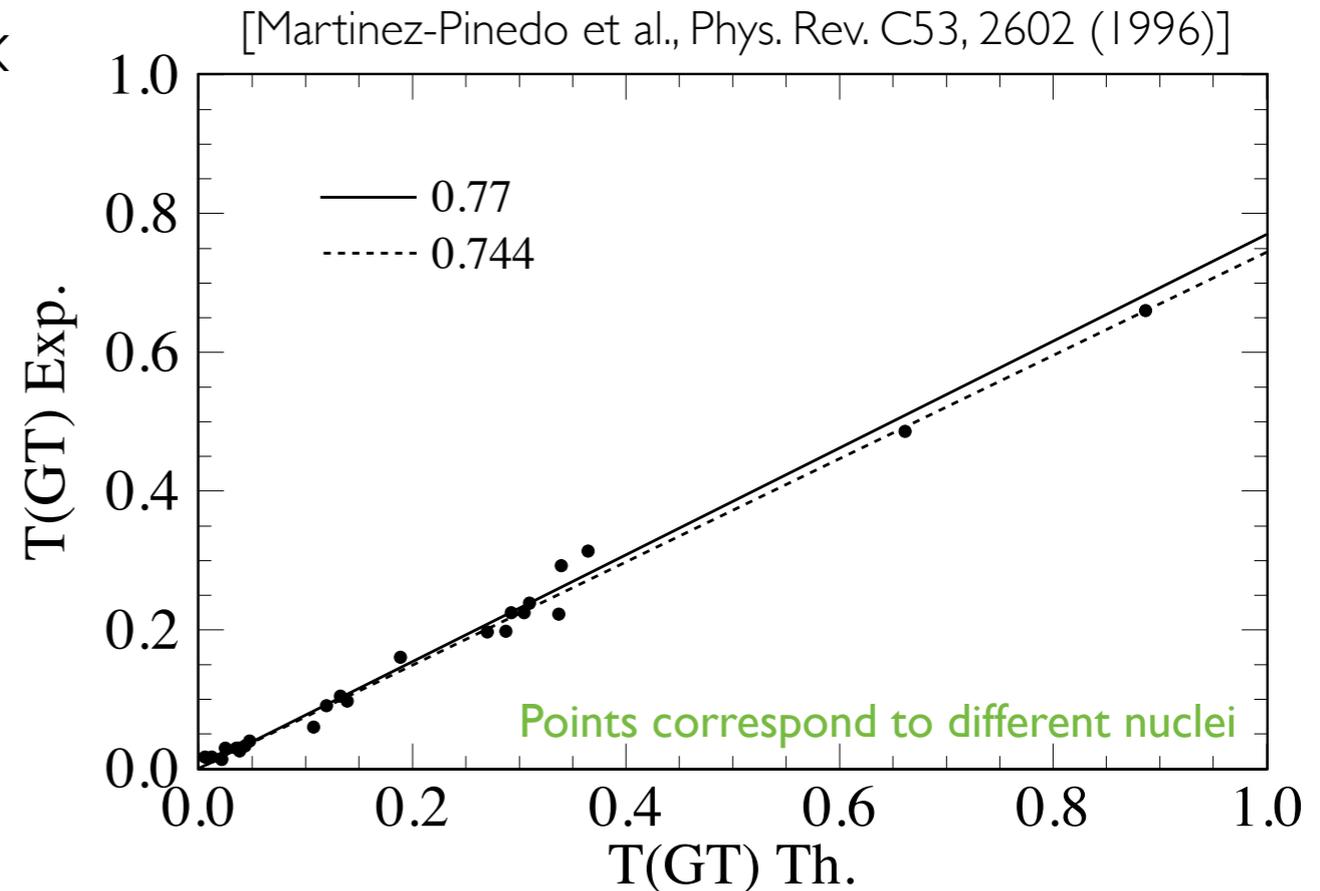


- Overestimating nuclear matrix elements: \$\$\$\$ mistake

- How well do we know nuclear matrix elements?

😓 Stark example of problems:
Gamow-Teller transitions in nuclei

- Well measured for large range of nuclei ($30 < A < 60$)
- Many nuclear structure calcs (QRPA, shell-model,...) – spectrum well described
- Matrix elements systematically off by 20–30%
- “Correct” by “quenching” axial charge in nuclei ...



$$T(GT) \sim \sqrt{\sum_f \langle \sigma \cdot \tau \rangle_{i \rightarrow f}}$$

$$\langle \sigma \tau \rangle = \frac{\langle f || \sum_k \sigma^k t_{\pm}^k || i \rangle}{\sqrt{2J_i + 1}}$$

Unphysical nuclei

- Case study QCD with unphysical quark masses

- $m_\pi \sim 800$ MeV, $m_N \sim 1,600$ MeV

- $m_\pi \sim 450$ MeV, $m_N \sim 1,200$ MeV

1. Spectrum of light nuclei ($A < 5$)

[PRD **87** (2013), 034506]

2. Nuclear structure: magnetic moments, polarisabilities ($A < 5$)

[PRL **113**, 252001 (2014), PRD 92, 114502 (2015)]

3. Nuclear reactions: $np \rightarrow d\gamma$

[PRL **115**, 132001 (2015)]

4. Gamow-Teller transitions: $pp \rightarrow d e \nu$,

$g_A(^3\text{H})$ [arXiv:1610.04545]

5. Double β decay: $pp \rightarrow nn$

[1701.03456, 1702.02929]



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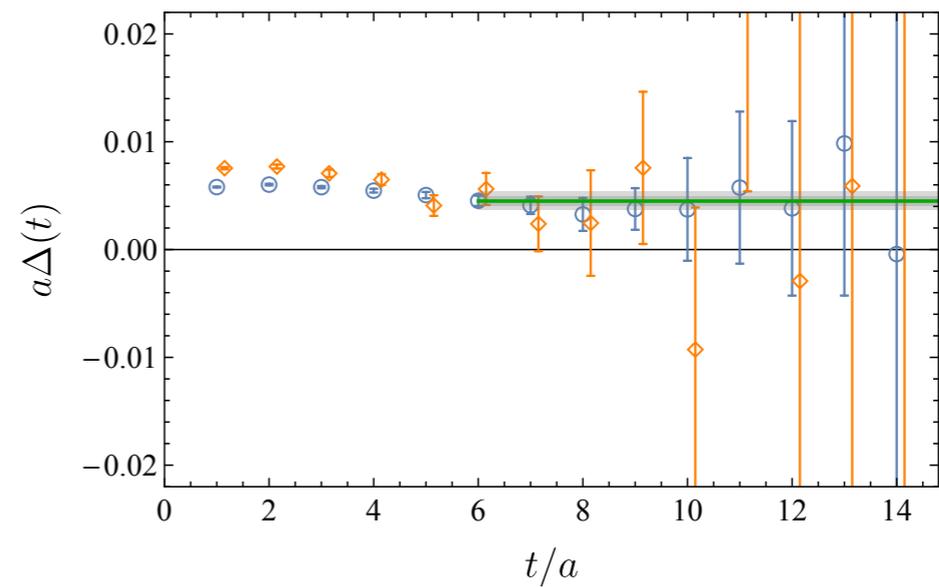
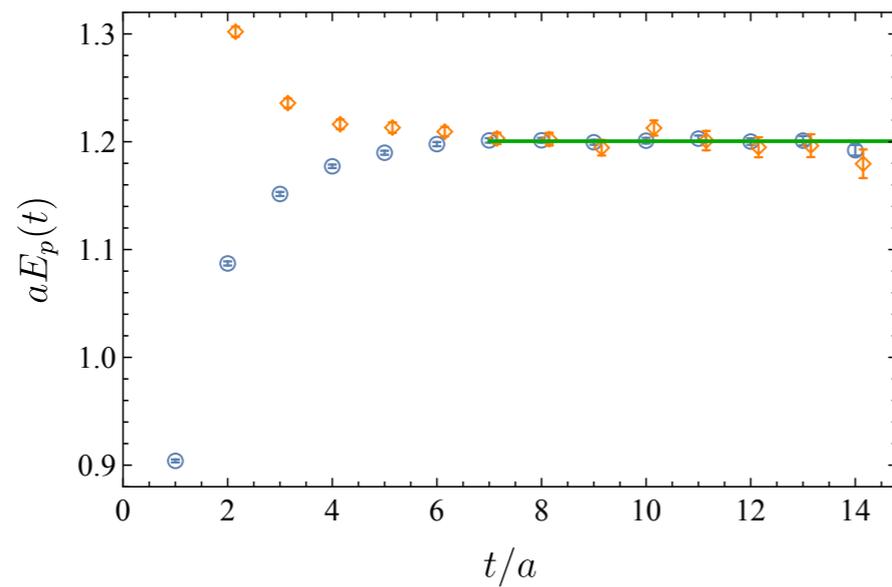
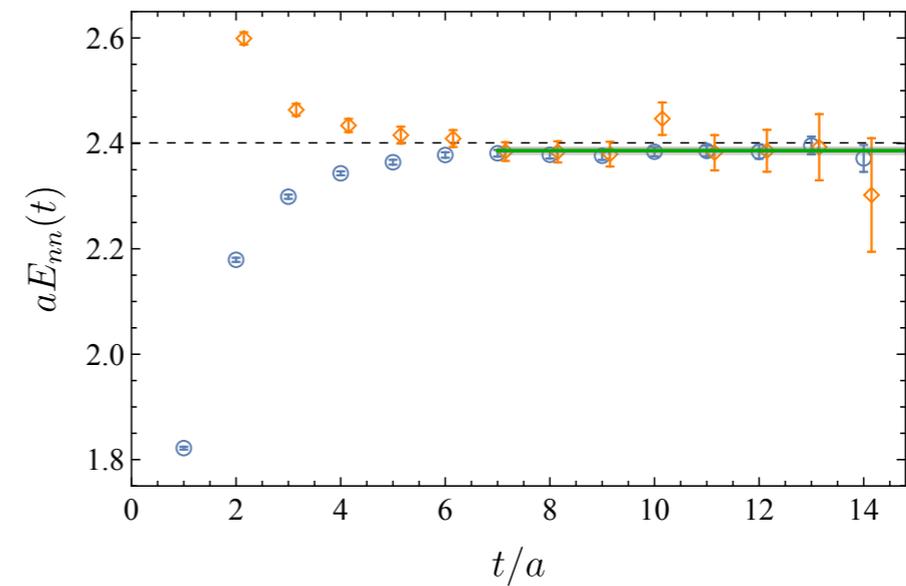
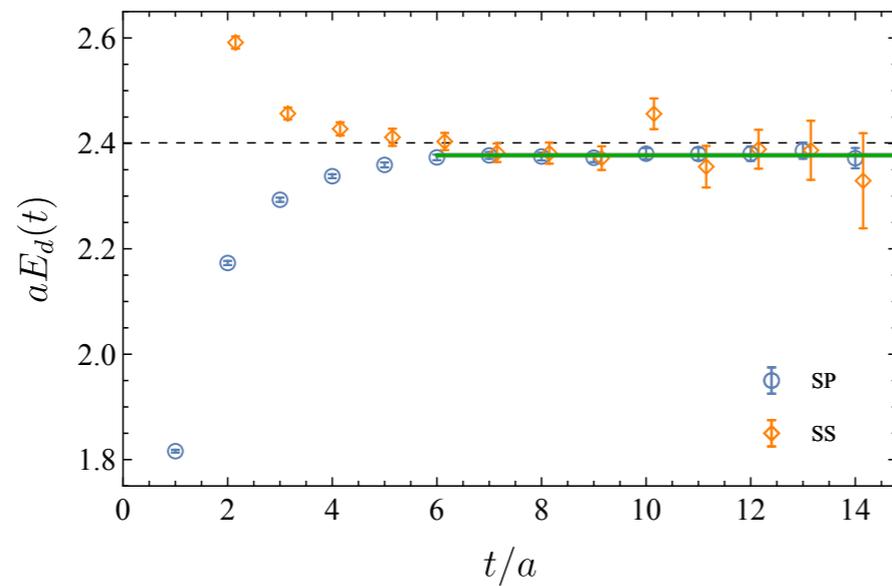


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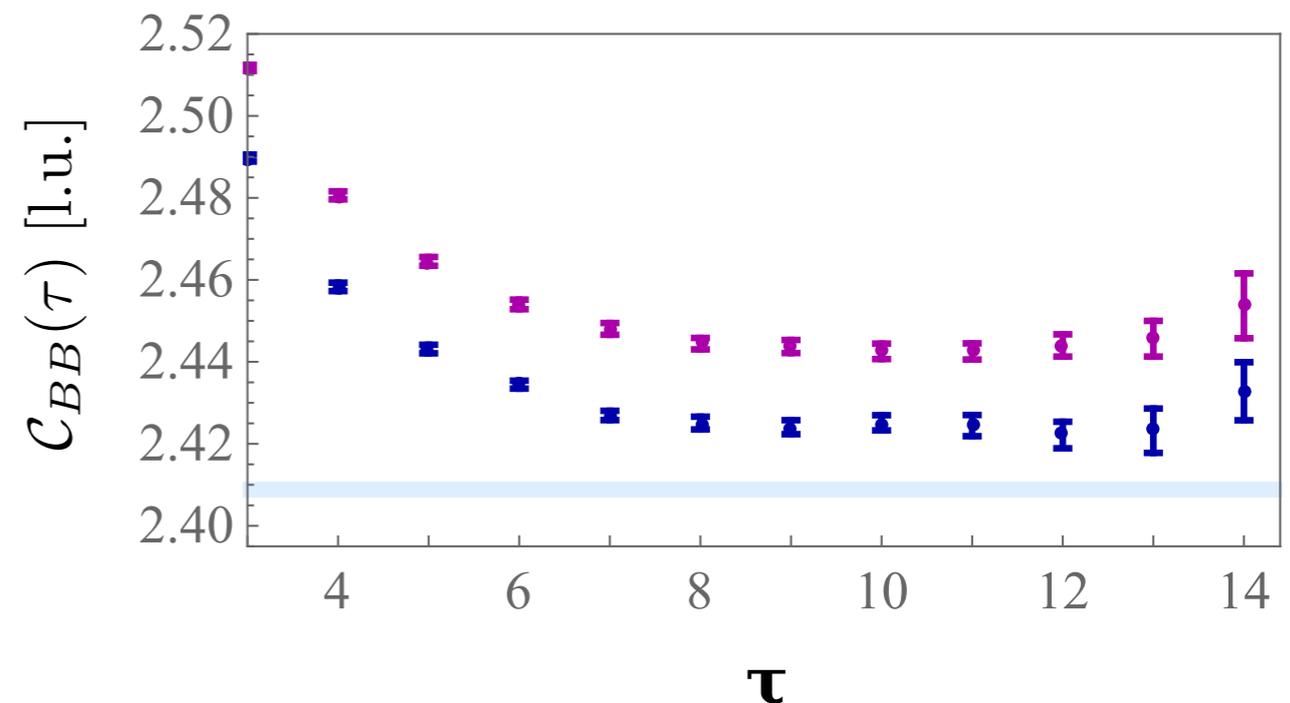
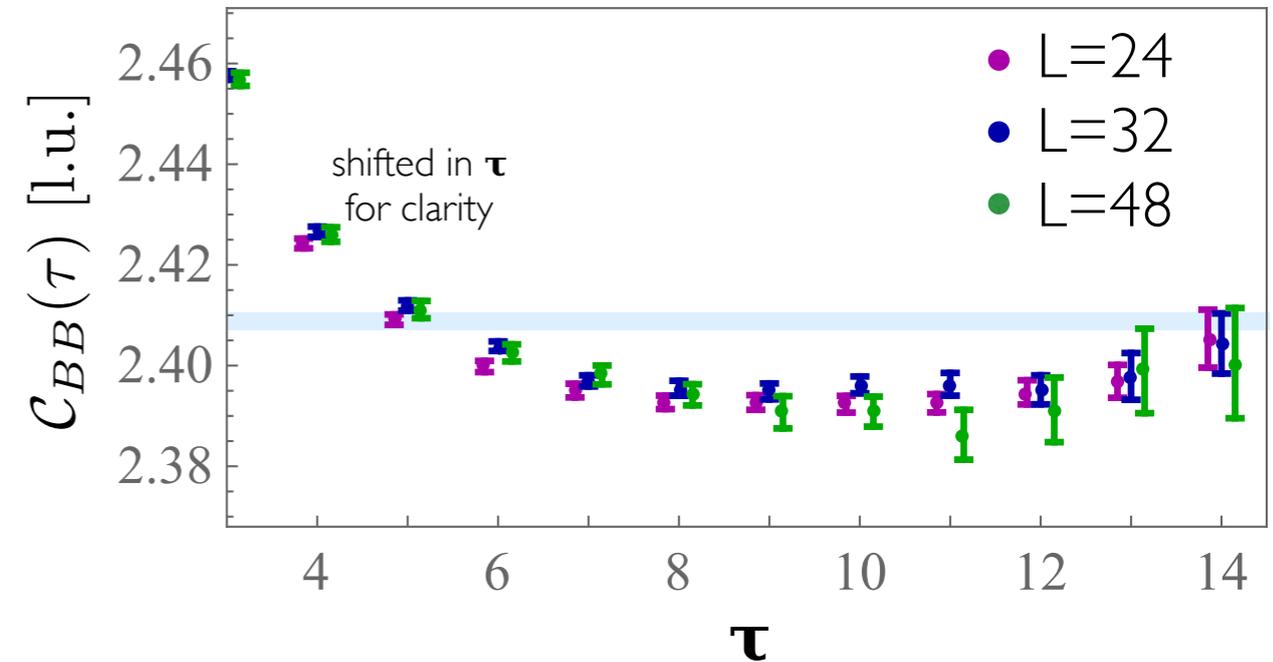
See also: Amy Nicholson Lattice 2016

sanity check I

- Check for existence of nn and deuteron bound states



- Potential for fake plateaus?
 - Two or more scattering states combine with relative signs to give flat behaviour
- Study at 3 volumes with same source structure
- Negative shifted state
 - Correlators fully consistent at $L=24, 32, 48$
- Excited state
 - Scales as $1/L^3$ consistent with scattering state

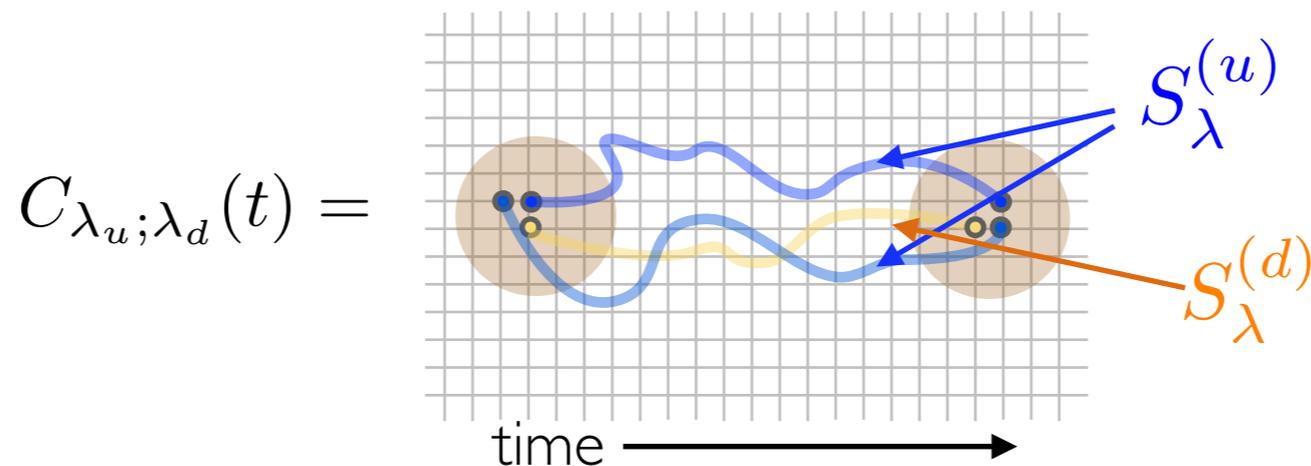


Axial Background Field

- Construct correlation functions from propagators modified in axial field
- Compound propagators

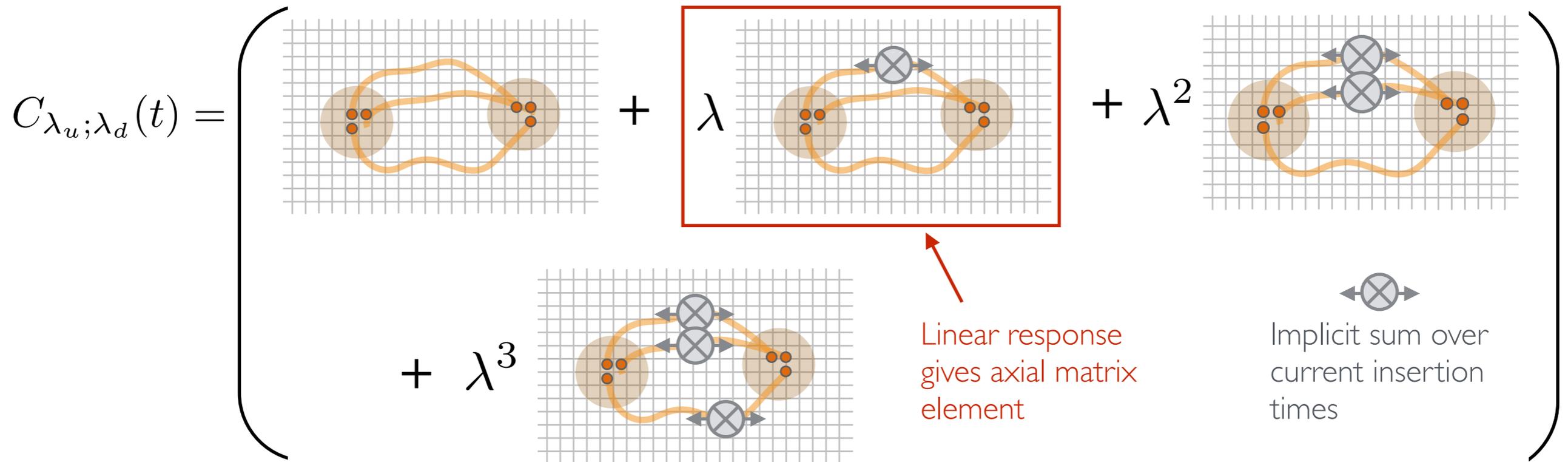
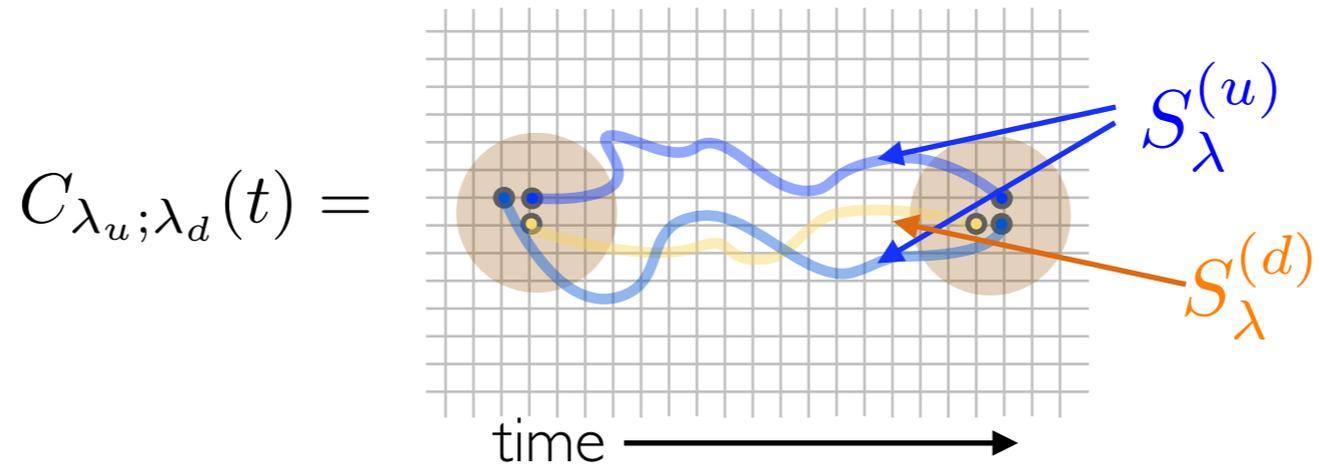
constant external field

$$S_{\lambda}^{(q)}(x, y) = S^{(q)}(x, y) + \boxed{\lambda_q} \int dz S^{(q)}(x, z) \gamma_3 \gamma_5 S^{(q)}(z, y)$$

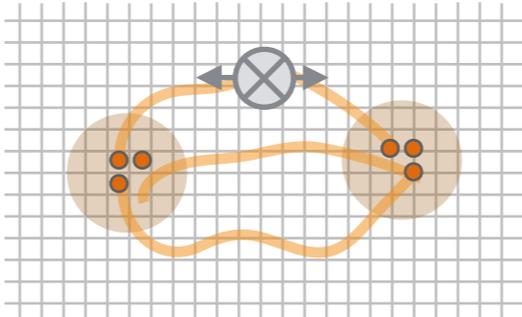


- Correlator becomes finite-order polynomial in field strength

Axial Background Field



Axial Background Field

$$C_{\lambda_u; \lambda_d}(t) \Big|_{\mathcal{O}(\lambda)} =$$



 Implicit sum over current insertion times

Example: determination of the proton axial charge

$$\begin{aligned}
 C_{\lambda_u; \lambda_d}(t) \Big|_{\mathcal{O}(\lambda)} &= \sum_{\tau=0}^t \langle 0 | \chi^\dagger(t) J(\tau) \chi(0) | 0 \rangle \\
 &= \dots \\
 &= Z_0 e^{-M_p t} \left[C + t \langle p | A_3^{(u)}(0) | p \rangle + \mathcal{O}(e^{-\delta t}) \right]
 \end{aligned}$$

Excited states

Irrelevant constants

Matrix element

Time difference isolates matrix element part

$$(C_{\lambda_u; \lambda_d}(t+1) - C_{\lambda_u; \lambda_d}(t)) \Big|_{\mathcal{O}(\lambda)} = Z_0 e^{-M_p t} \langle p | A_3^{(u)}(0) | p \rangle + \mathcal{O}(e^{-\delta t})$$

Proton axial charge

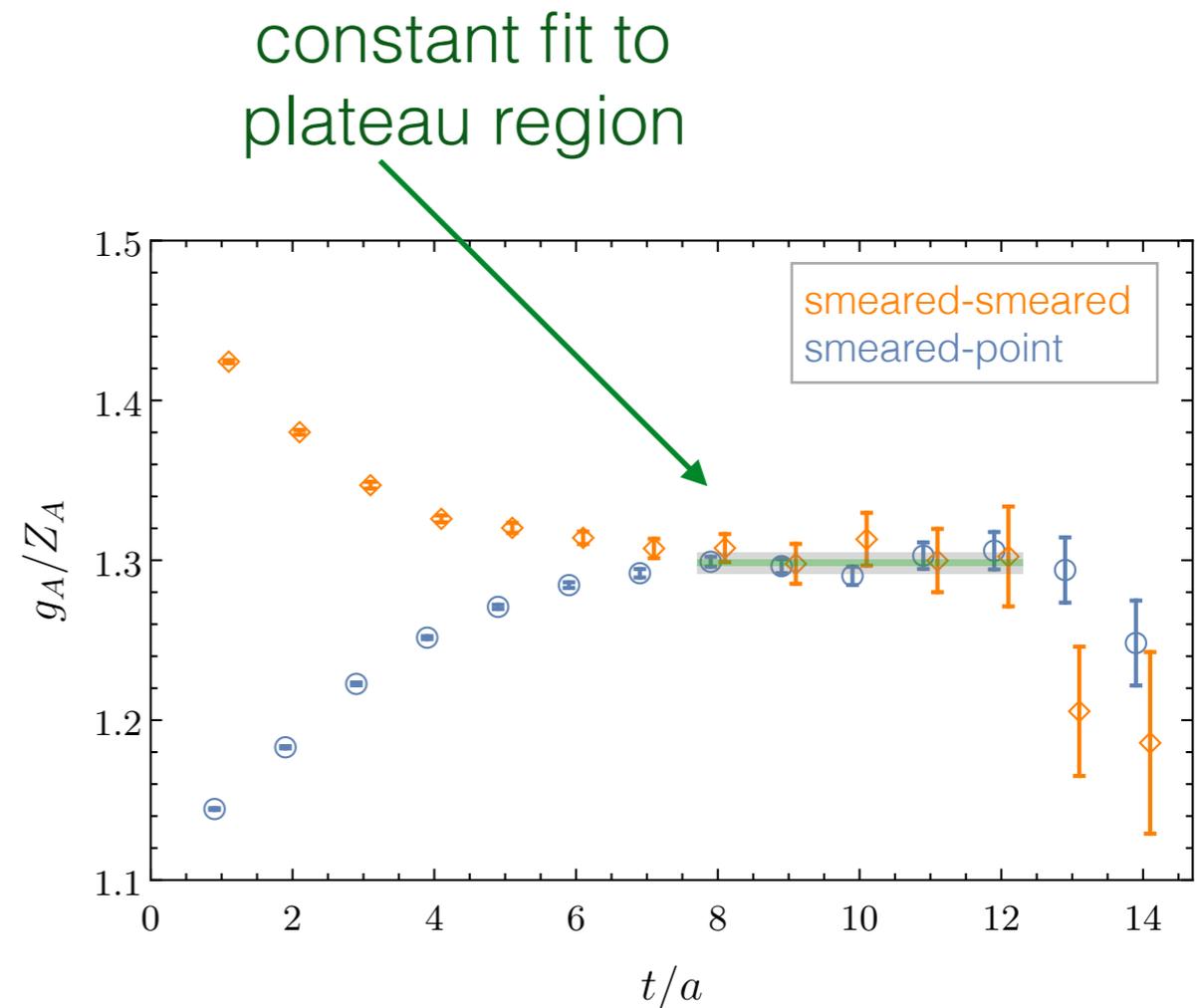
- Extract matrix element through linear response of correlators to the background field
- Form ratios to cancel leading time-dependence

$$R_p(t) = \frac{\left(C_{\lambda_u; \lambda_d=0}^{(p)}(t) - C_{\lambda_u=0; \lambda_d}^{(p)}(t) \right) \Big|_{\mathcal{O}(\lambda)}}{C_{\lambda_u=0; \lambda_d=0}^{(p)}(t)}$$

At late times:

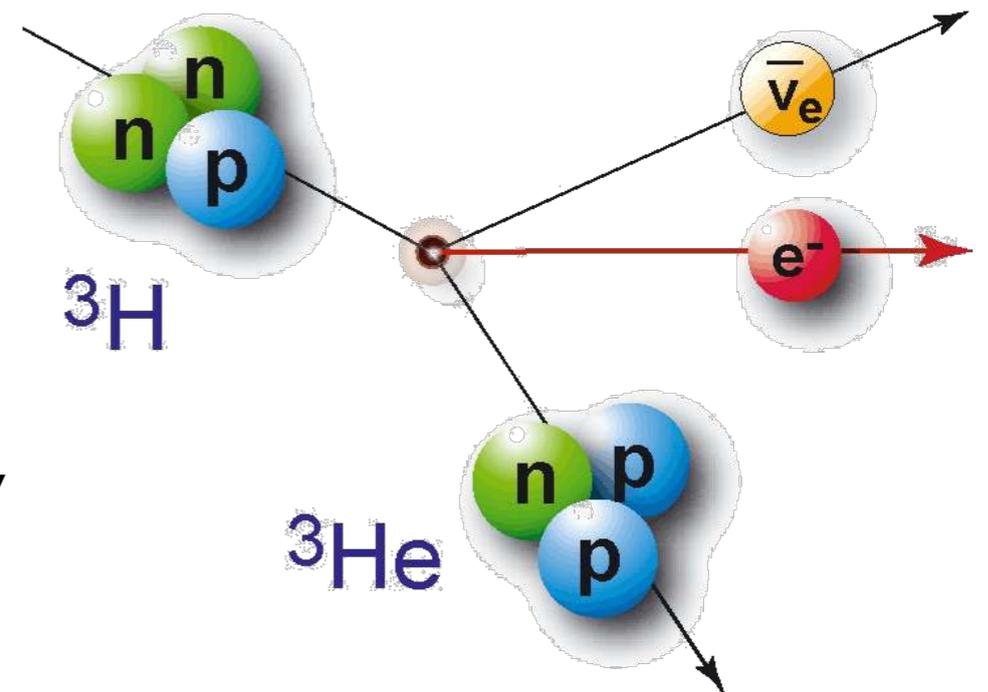
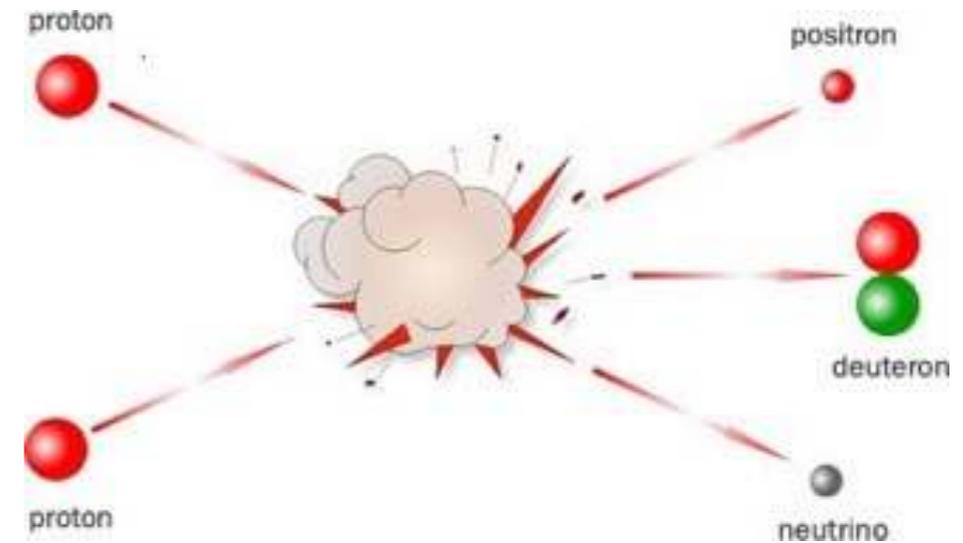
$$R_p(t+1) - R_p(t) \xrightarrow{t \rightarrow \infty} \frac{g_A}{Z_A}$$

- Matrix element revealed through “effective matrix elt. plot”

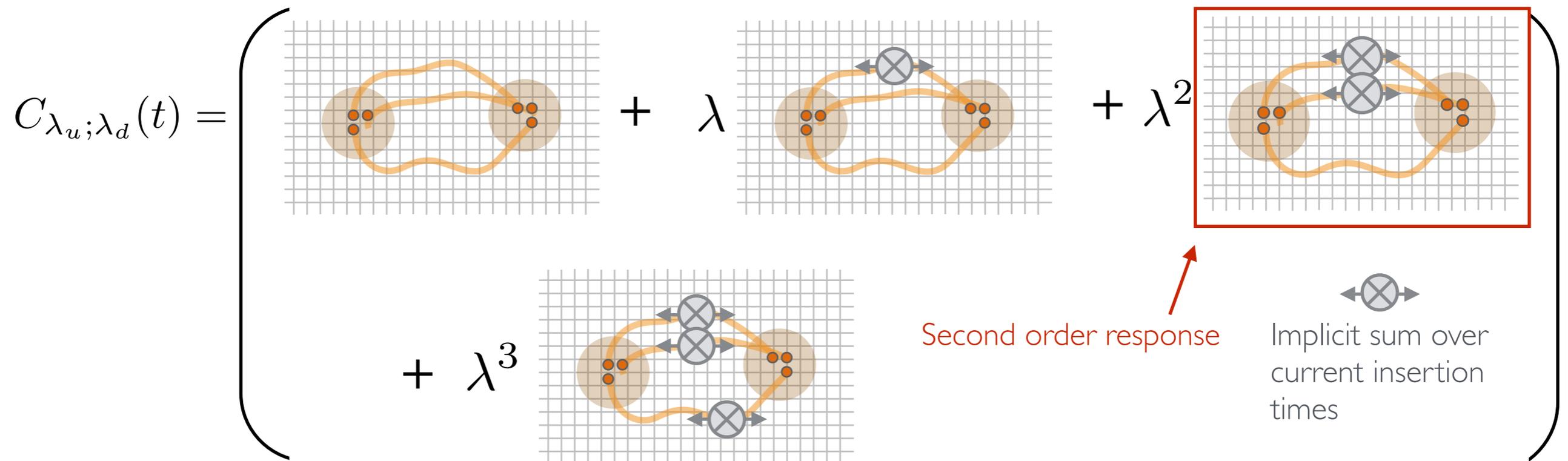
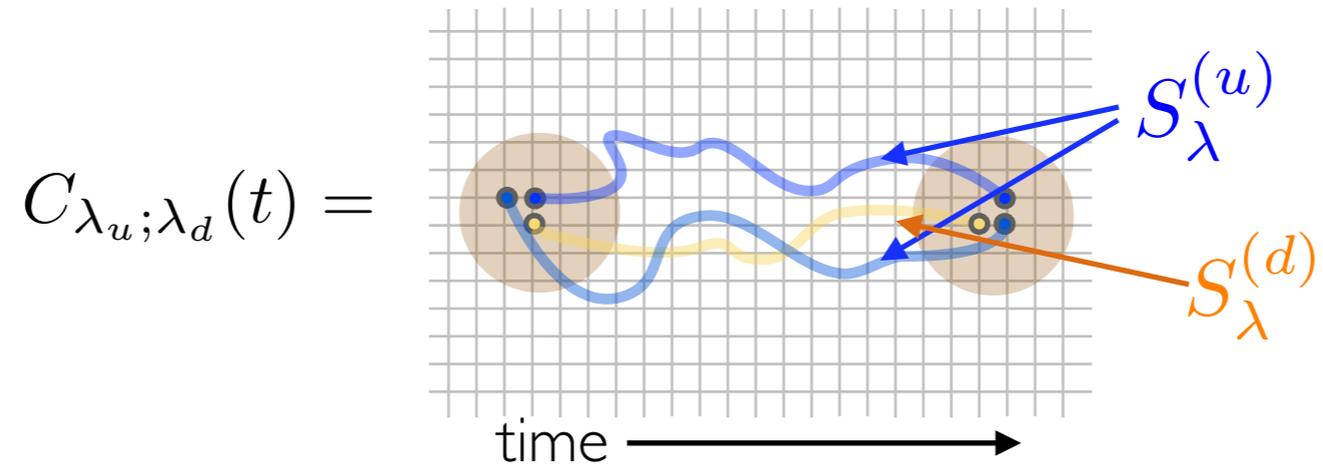


Gamow-Teller matrix elements

- Axial coupling to NN system
 - $pp \rightarrow de^+\nu$ fusion
 - Muon capture: MuSun @ PSI
 - $d\nu \rightarrow nne^+ : \text{SNO}$
- Tritium half-life
 - Understand multi-body contributions to $\langle \mathbf{GT} \rangle$: better predictions for decay rates of larger nuclei
- **See Z Davoudi plenary on Saturday**



Second order weak interactions

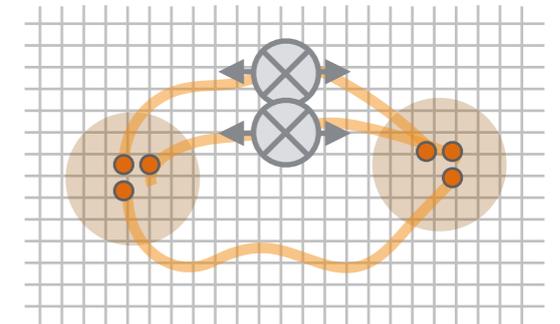
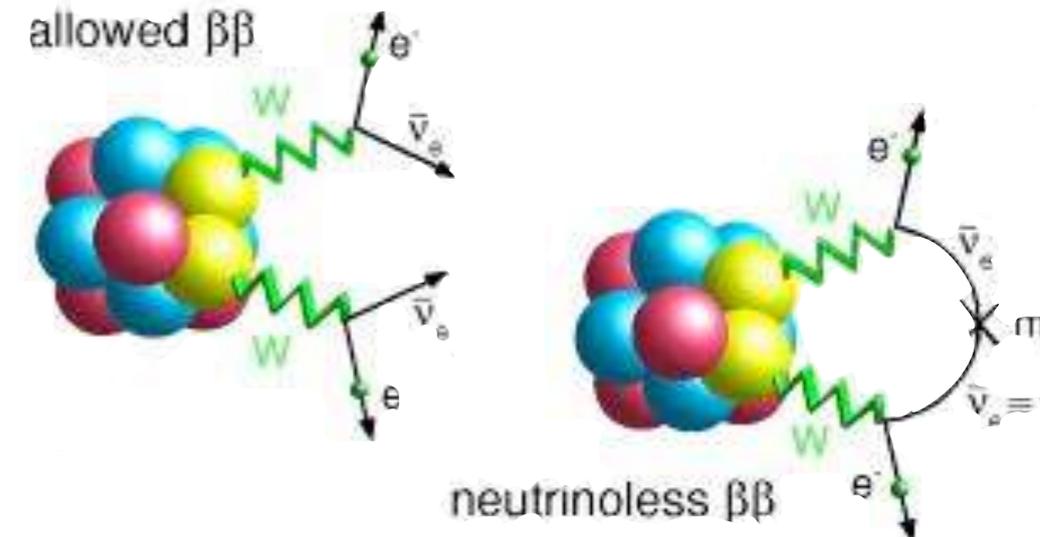


Second order weak interactions

- Double beta decay
- $nn \rightarrow pp$ transition matrix element

$$M_{GT}^{2\nu} = 6 \int d^4x d^4y \langle pp | T [J_3^+(x) J_3^+(y)] | nn \rangle$$

Somewhat similar to RBC ΔM_K and rare kaon decays second-order weak
(Xu Feng plenary)



- Second order responses gives

$$C_{nn \rightarrow pp}(t) = \sum_{\mathbf{x}, \mathbf{y}, \mathbf{z}} \sum_{t_1=0}^t \sum_{t_2=0}^t \langle 0 | \chi_{pp}(\mathbf{x}, t) T \{ J_3^+(\mathbf{y}, t_1) J_3^+(\mathbf{z}, t_2) \} \chi_{nn}^\dagger(0) | 0 \rangle$$

$$= \frac{2}{a^2} \sum_{\mathbf{n}, \mathbf{m}, \mathbf{l}'} Z_{\mathbf{n}} Z_{\mathbf{m}}^\dagger e^{-E_{\mathbf{n}} t} \frac{\langle \mathbf{n} | \tilde{J}_3^+ | \mathbf{l}' \rangle \langle \mathbf{l}' | \tilde{J}_3^+ | \mathbf{m} \rangle}{E_{\mathbf{l}'} - E_{\mathbf{m}}} \left(\frac{e^{-(E_{\mathbf{l}'} - E_{\mathbf{n}})t} - 1}{E_{\mathbf{l}'} - E_{\mathbf{n}}} + \frac{e^{(E_{\mathbf{n}} - E_{\mathbf{m}})t} - 1}{E_{\mathbf{n}} - E_{\mathbf{m}}} \right)$$

- Both insertion times integrated

Second order weak interactions

- Contributions in effective field theory are

$$M_{GT}^{2\nu} = 6 \int d^4x d^4y \langle pp | T [J_3^+(x) J_3^+(y)] | nn \rangle$$

$$i\mathcal{C}_{nn \rightarrow pp} = \text{[Feynman diagrams]} + \mathcal{O}(\lambda^4)$$

The Feynman diagrams are arranged in two rows. The top row contains four diagrams representing one-body and two-body single-weak current interactions. The first diagram is labeled g_A . The last diagram in the top row is labeled $L_{1,A}$. The bottom row contains two diagrams: a two-body second-order weak interaction diagram and a contact interaction diagram labeled $H_{2,A}$.

- One body (g_A), two body single-weak current ($L_{1,A}$), two-body second order weak ($H_{2,A}$)
- $H_{2,A} \sim$ **isotensor axial polarisability** ignored in all phenomenological analyses (unconstrained except by DBD)

Second order weak interactions

- Expand the summations over different state contributions

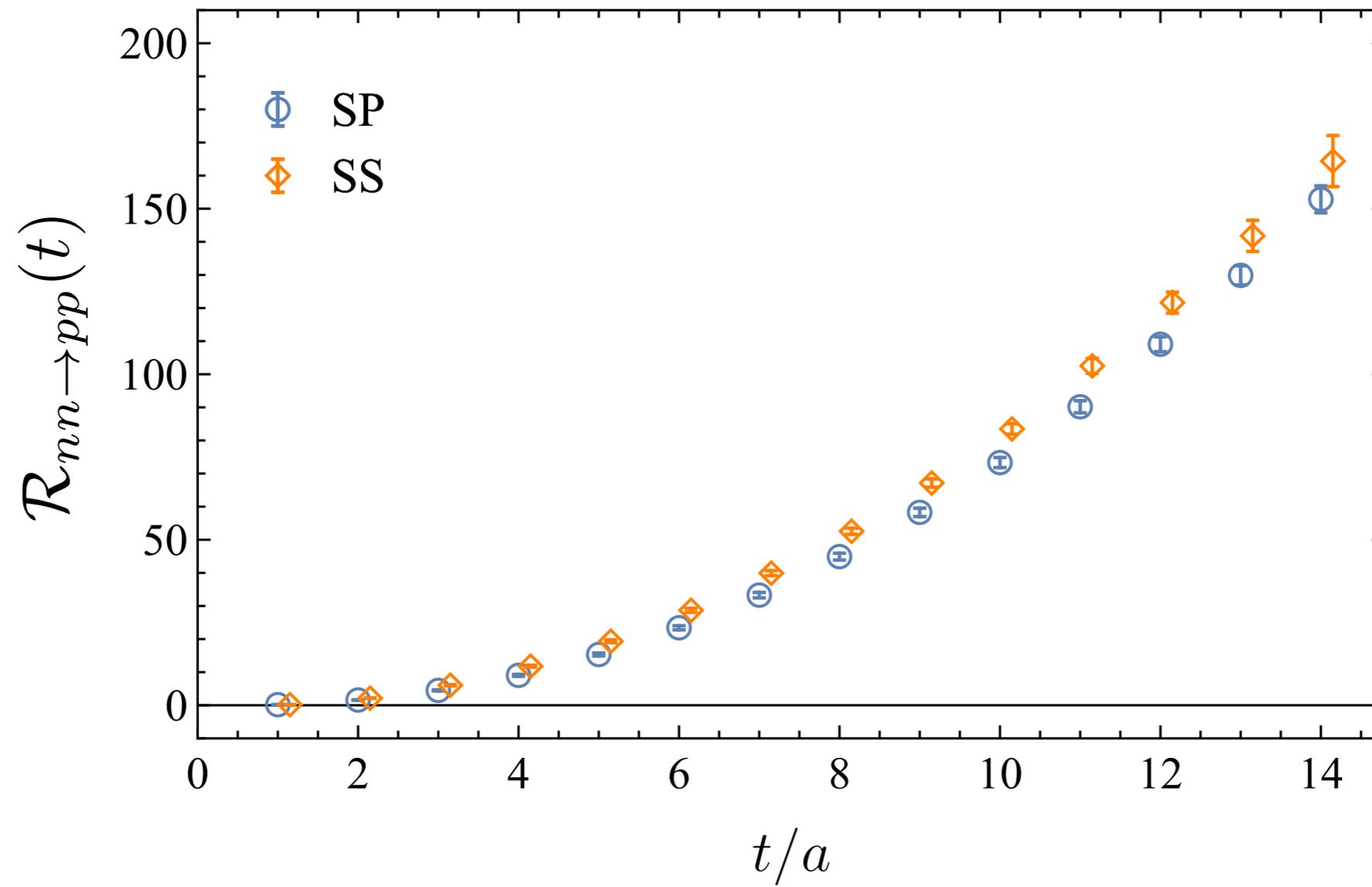
$$\begin{aligned}
 a^2 C_{nn \rightarrow pp}(t) = & 2Z_{pp} Z_{nn}^\dagger e^{-E_{nn}t} \left\{ \left[\frac{e^{\Delta t} - 1}{\Delta^2} - \frac{t}{\Delta} \right] \langle pp | \tilde{J}_3^+ | d \rangle \langle d | \tilde{J}_3^+ | nn \rangle \right. \\
 & + \sum_{l' \neq d} \left[\frac{t}{\delta_{l'}} - \frac{1}{\delta_{l'}^2} \right] \langle pp | \tilde{J}_3^+ | l' \rangle \langle l' | \tilde{J}_3^+ | nn \rangle \\
 & + \sum_{n \neq nn, pp} \left[\frac{e^{\Delta t}}{\Delta(\Delta + \delta_n)} - \frac{1}{\Delta \delta_n} \right] \left(\frac{Z_n}{Z_{pp}} \langle n | \tilde{J}_3^+ | d \rangle \langle d | \tilde{J}_3^+ | nn \rangle + \frac{Z_n^\dagger}{Z_{nn}^\dagger} \langle pp | \tilde{J}_3^+ | d \rangle \langle d | \tilde{J}_3^+ | n \rangle \right) \\
 & + \sum_{n \neq nn, pp} \sum_{l' \neq d} \frac{1}{\delta_{l'} \delta_n} \left(\frac{Z_n}{Z_{pp}} \langle n | \tilde{J}_3^+ | l' \rangle \langle l' | \tilde{J}_3^+ | nn \rangle + \frac{Z_n^\dagger}{Z_{nn}^\dagger} \langle pp | \tilde{J}_3^+ | l' \rangle \langle l' | \tilde{J}_3^+ | n \rangle \right) \\
 & \left. + \sum_{n, m \neq nn, pp} \frac{e^{\Delta t}}{(\Delta + \delta_n)(\Delta + \delta_m)} \frac{Z_n}{Z_{pp}} \frac{Z_m^\dagger}{Z_{nn}^\dagger} \langle n | \tilde{J}_3^+ | d \rangle \langle d | \tilde{J}_3^+ | m \rangle + \mathcal{O}(e^{-\delta t}, e^{-\delta' t}) \right\}.
 \end{aligned}$$

- Take ratio to two-point correlate

$$\begin{aligned}
 \mathcal{R}_{nn \rightarrow pp}(t) = \frac{C_{nn \rightarrow pp}(t)}{2C_{0;0}^{(nn)}(t)} = & \left[-t + \frac{e^{\Delta t} - 1}{\Delta} \right] \frac{\langle pp | \tilde{J}_3^+ | d \rangle \langle d | \tilde{J}_3^+ | nn \rangle}{\Delta} + t \sum_{l' \neq d} \frac{\langle pp | \tilde{J}_3^+ | l' \rangle \langle l' | \tilde{J}_3^+ | nn \rangle}{\delta_{l'}} \\
 & + C + D e^{\Delta t} + \mathcal{O}(e^{-\delta t}, e^{-\delta' t})
 \end{aligned}$$

C, D irrelevant constants

Second order weak interactions



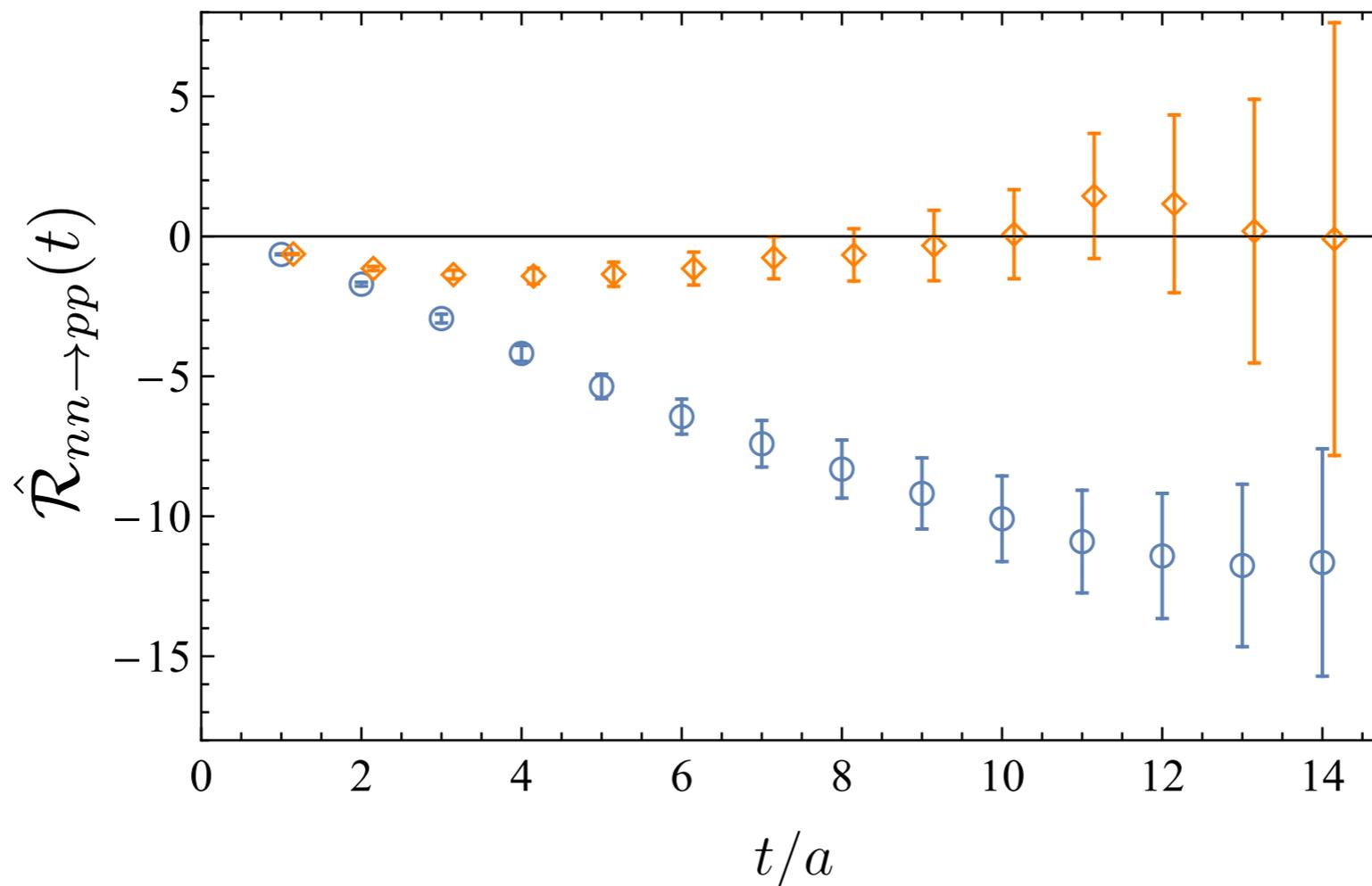
Second order weak interactions

- Correlated subtraction of deuteron pole term

$$\hat{\mathcal{R}}_{nn \rightarrow pp}(t) = \mathcal{R}_{nn \rightarrow pp}(t) - \frac{|\langle pp | \tilde{J}_3^+ | d \rangle|^2}{a\Delta} \left[-\frac{t}{a} + \frac{e^{\Delta t} - 1}{a\Delta} \right]$$

$$= \frac{t}{a} \sum_{l' \neq d} \frac{\langle pp | \tilde{J}_3^+ | l' \rangle \langle l' | \tilde{J}_3^+ | nn \rangle}{a\delta_{l'}} + c + d e^{\Delta t}.$$

c,d irrelevant constants



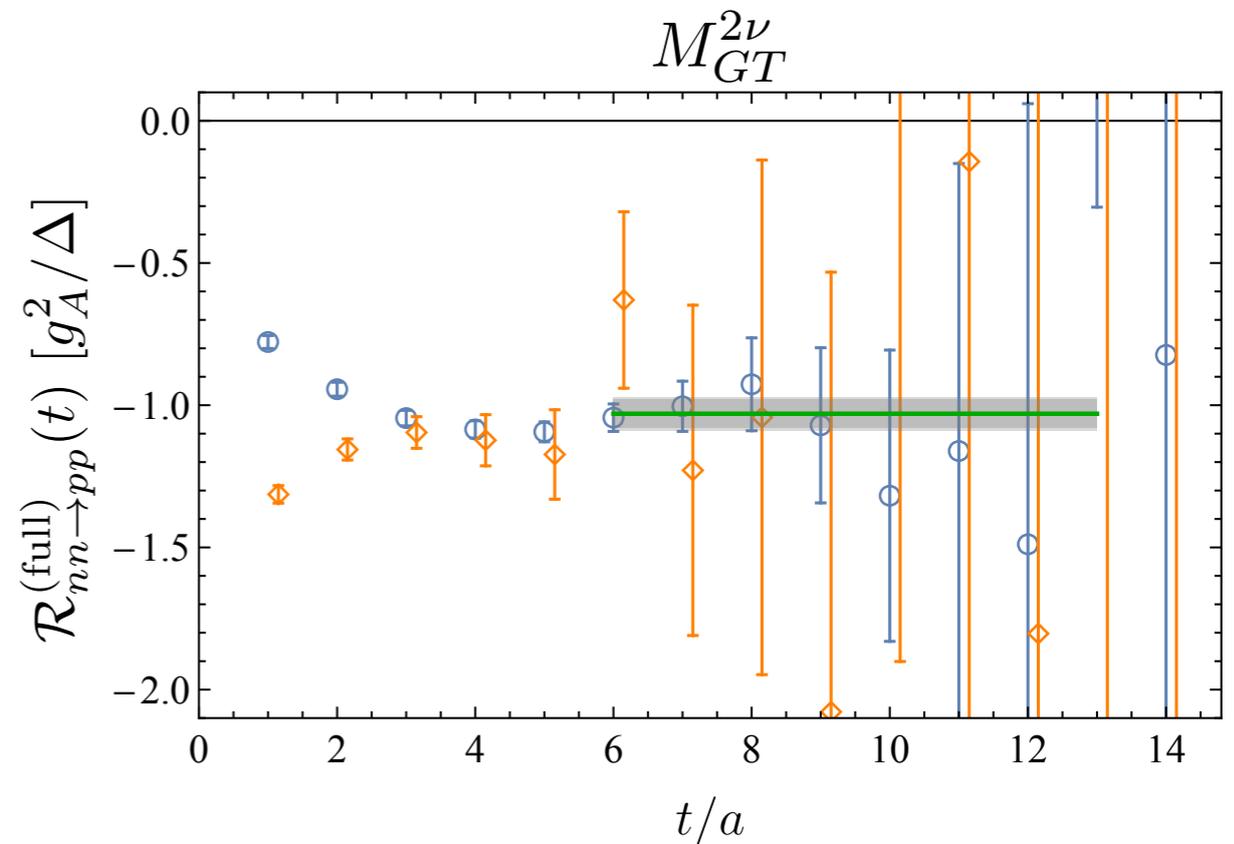
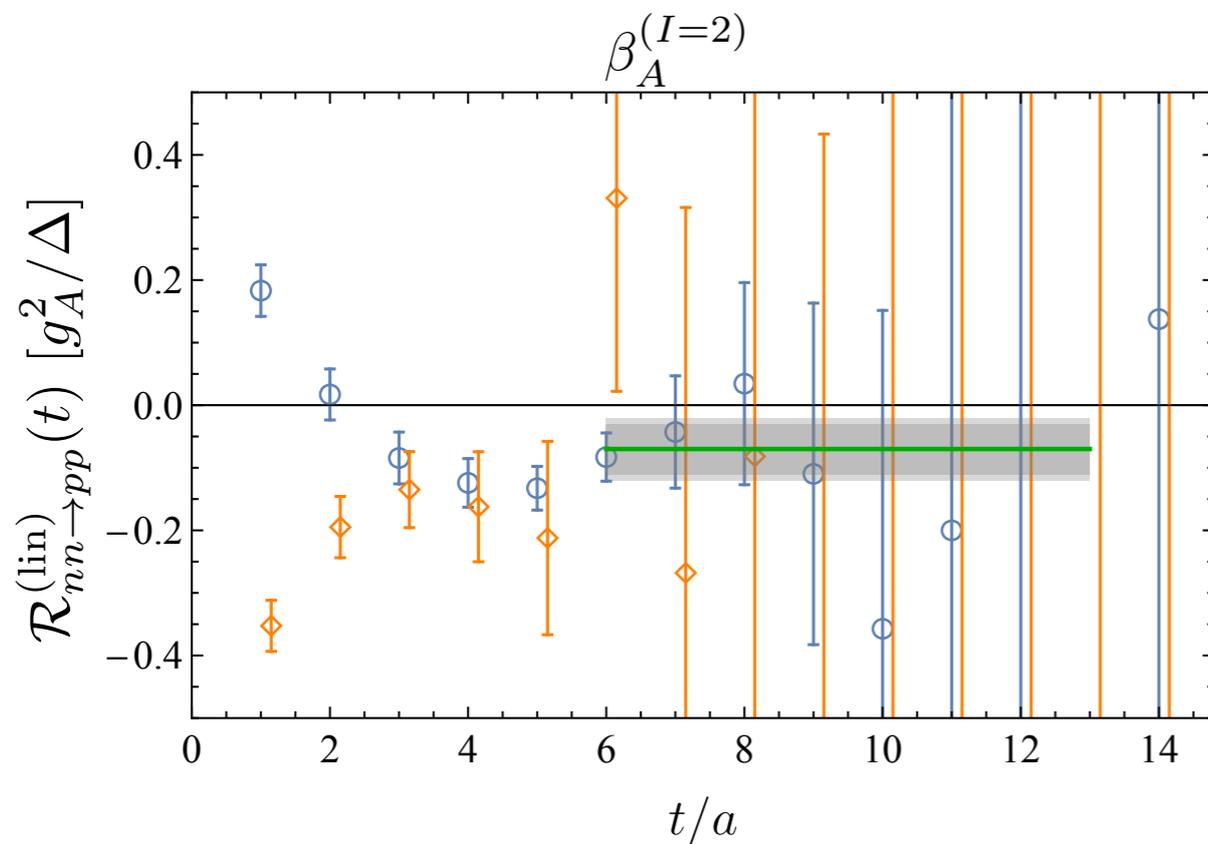
Second order weak interactions

- Take combinations to pull out isotensor axial polarisability (two body contribution)

$$\mathcal{R}_{nn \rightarrow pp}^{(\text{lin})}(t) = \frac{(e^{a\Delta} + 1)\hat{\mathcal{R}}_{nn \rightarrow pp}(t + a) - \hat{\mathcal{R}}_{nn \rightarrow pp}(t + 2a) - e^{a\Delta}\hat{\mathcal{R}}_{nn \rightarrow pp}(t)}{e^{a\Delta} - 1} \xrightarrow{t \rightarrow \infty} \frac{1}{aZ_A^2} \frac{\beta_A^{(2)}}{6}$$

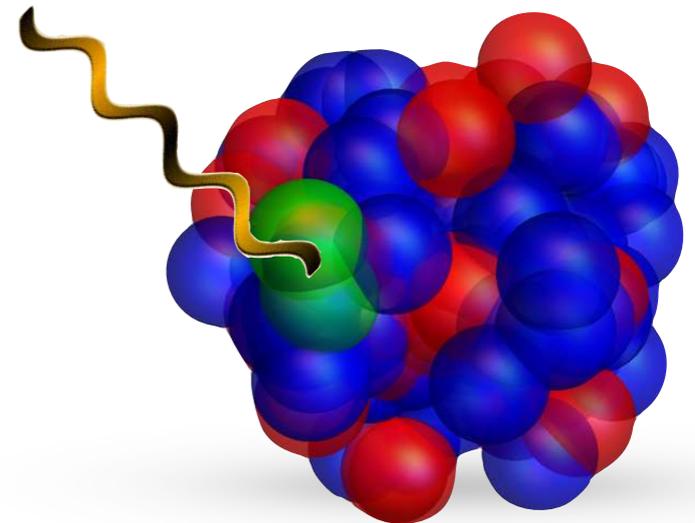
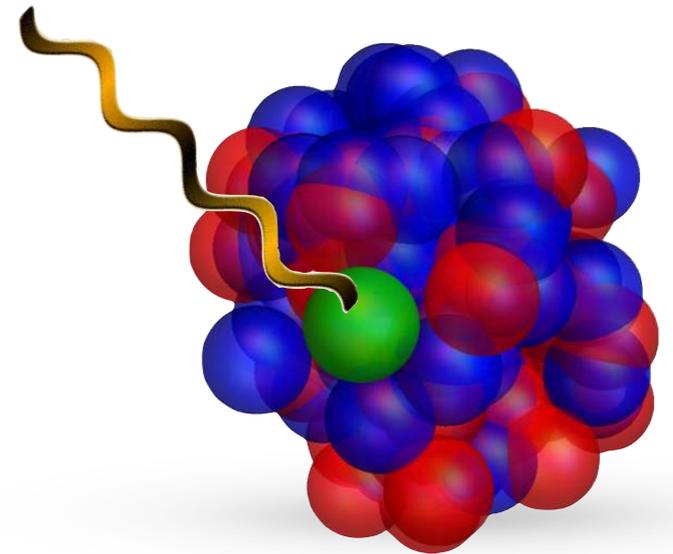
- Add back in deuteron pole

$$\mathcal{R}_{nn \rightarrow pp}^{(\text{full})}(t) = \mathcal{R}_{nn \rightarrow pp}^{(\text{lin})}(t) - \frac{|\langle pp | \tilde{J}_3^+ | d \rangle|^2}{a\Delta} \xrightarrow{t \rightarrow \infty} \frac{1}{aZ_A^2} \frac{M_{GT}^{2\nu}}{6}$$



Larger nuclei

- What about larger (phenomenologically-relevant) nuclei?
- Nuclear effective field theory:
 - 1-body currents are dominant
 - 2-body currents are sub-leading *but non-negligible*
- Determine one body contributions from single nucleon
- Determine few-body contributions from $A=2,3,4\dots$ (this calculation)
- Match EFT and many body methods to LQCD to make predictions for larger nuclei



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Acknowledgements

